

## Choosing the right breastpump

	For hospitals and rental electric		For personal use electric				For personal use manual		
	Double Pumping				Single Pumping				
	Symphony	Lactina	Freestyle	Pump in Style Advanced	Mini Electric Plus	Swing	Mini Electric	Harmony	Manual Breastpump
<b>Occasional Use</b>									
A missed feeding	•	•	•	•	•	●	●	●	●
An evening out from baby	•	•	•	•	•	●	●	●	●
Working part-time	•	•	●	●	●	●	●	•	•
<b>Daily Use</b>									
Working full-time	●	●	●	●		•			
<b>Medical Reasons</b>									
Premature or hospitalized baby	●	•							
Low milk supply	●	•							
Latch-on problems or breast infection	●	•	●	●		●			
Sore nipples or engorgement	●	•	●	●	•	●	•		
Drawing out flat or inverted nipples	•	•	•	•	•	•	•	●	●

1st choice ● 2nd choice •

Medela electric pump	Maximum expressions per day
Mini Electric	1-2
Mini Electric Plus	1-2
Swing	1-3
Pump in Style Advanced	5-6

The Medela Symphony, Freestyle, Pump in Style Advanced, Swing and Harmony pumps all have Medela 2-Phase Expression®. This is the only research based breastpump technology to mimic a baby's natural nursing rhythm. The unique combination of a rapid stimulation and slower expression makes pumping especially gentle, comfortable and efficient.

*NB Symphony & Lactina pumps are available to rent from Medicare Health & Living. These are hospital grade pumps suitable for several expressions a day.*

*The Freestyle pump isn't currently available on our wholesale price list.*