

# MediTENS XP

## Program Information

PROGRAM	INDICATION
1	Chronic Pain
2	Acute Pain (alternative)
3	Acute Pain
4	Combined Acute & Chronic Pain
5	Severe Acute Pain

## Technical Specifications

Prog.	Frequency (Hz)	Pulse duration (µsec)	Treatment Time (min)	Burst or Trigger	Indications
1	4	150	open	High Frequency Trigger	Chronic Pain Joint Pain Labour Pain (Trigger)
2	35	150	open	Burst - Frequency of 99Hz, pulse width 120 µsec. for 3 seconds; Will return to program settings for 1.5 seconds.	Acute Pain
3	99	150	open	Burst - Frequency of 4Hz, pulse width 120 µsec. for 3 seconds; Will return to program settings for 3 seconds.	Acute Pain Pain Block
4	Channel 1: 4 Channel 2: 99	150	open	Trigger	Chronic & Acute Pain Arthritic Pain
5	4 - 99	150	open	Trigger	Severe Acute Pain Arthritic Pain Period Pain

Please refer to pages 2, 3 and 4 of the MediTENS XP instruction manual for safety instructions.

### Program 1 (High Frequency Trigger):

Program 1 delivers a stimulus of 4Hz. When the Trigger button is pressed a high frequency 99Hz stimulus is delivered. To disable High Frequency Trigger mode press the Trigger button a second time.

### Program 2, 3 (Burst Mode):

Burst mode is available on Programs 2 and 3 and is enabled when the Burst button is pressed. To disable Burst mode press the button a second time. If Burst mode is selected during Program 2, it results in a frequency of 99Hz, at a pulse width of 120µs, for 3 seconds. This then returns to the normal program frequency and pulse width for 1.5 seconds. If Burst mode is selected during Program 3, it results in a frequency of 4 Hz, at a pulse width of 120µs, for 3 seconds, before returning to the normal program frequency and pulse width for 3 seconds.

### Program 4 (Trigger) Dual Frequency:

When program 4 is selected, channel 1 and channel 2 deliver stimuli at different frequencies. Channel 1 delivers a stimulus of 4 Hz while channel 2 delivers a stimulus of 99Hz.

### Program 5 (Trigger) Massage:

Program 5 is a variable program. This delivers a stimulus of 4-99Hz.

**Trigger mode** is available on Program 4 and 5. When the Trigger button is pressed, Trigger mode is enabled. When the button is pressed a second time the unit enters a contraction cycle for as long as the button is pressed. When the button is released the unit enters the relaxation cycle. When Trigger mode is disabled, by pressing the intensity button, the stimulation builds over a 2-second period to the previously set level.

## Setup guide

### 1-2-3 Setup

### Features

